

YOU WILL NEED:

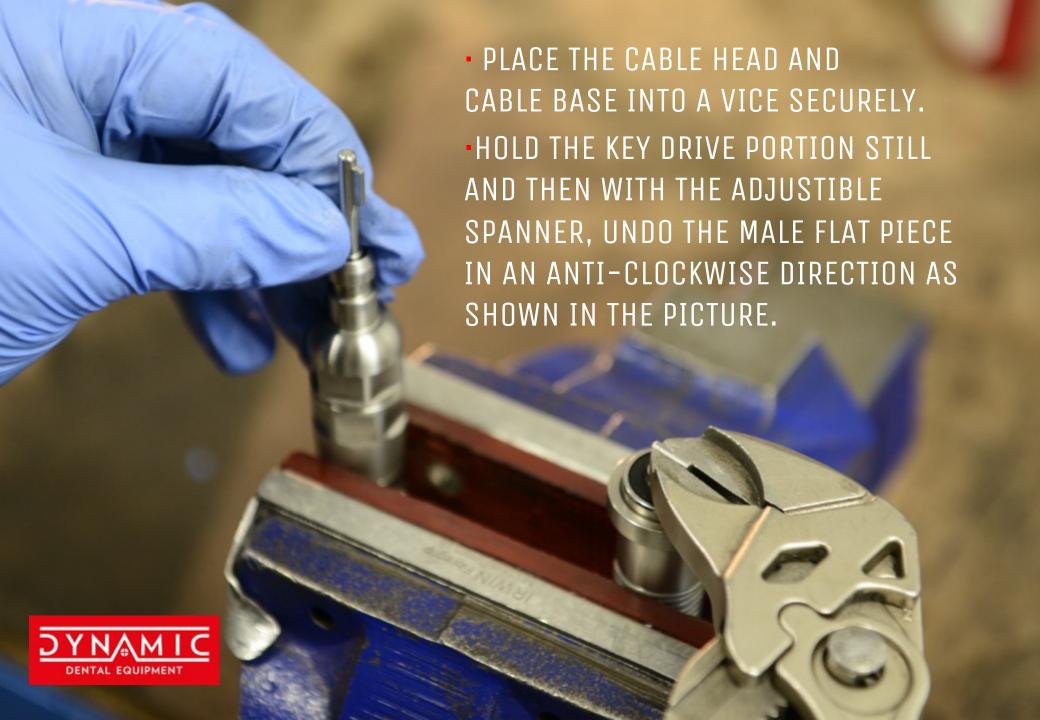
AVAILABLE FROM YOUR DYNAMIC DISTRIBUTOR:

- FOREDOM CABLE GREASE
- LOCTITE 243
- TRANSMISSION CABLE BEARING (IF REQUIRED)
- CABLE HEAD BEARING SET
- DYNAMIC TRANSMISSION CABLE 120CM (IF BROKEN AND THEN WILL NOT NEED THE TRANSMISSION CABLE BEARING)

YOU WILL ALSO NEED:

- VICE
- HEAT GUN
- TWO ADJUSTIBLE SPANNERS
- SMALL PAIR OF MOLE GRIPS
- 7MM SCREWDRIVER SOCKET









• ONCE THE CABLE HEAD IS UNDONE, STRETCH THE CABLE HEAD SO THE INNER CABLE IS EXPOSED. THEN ATTACH THE SMALL MOLE GRIPS TO THE INNER CABLE WHICH IS EXPOSED.





• HOLD THE KEY DRIVE END AND TWIST THE MOLE GRIPS IN AN ANTI-CLOCKWISE UNTIL CABLE HEAD IS DETATCHED





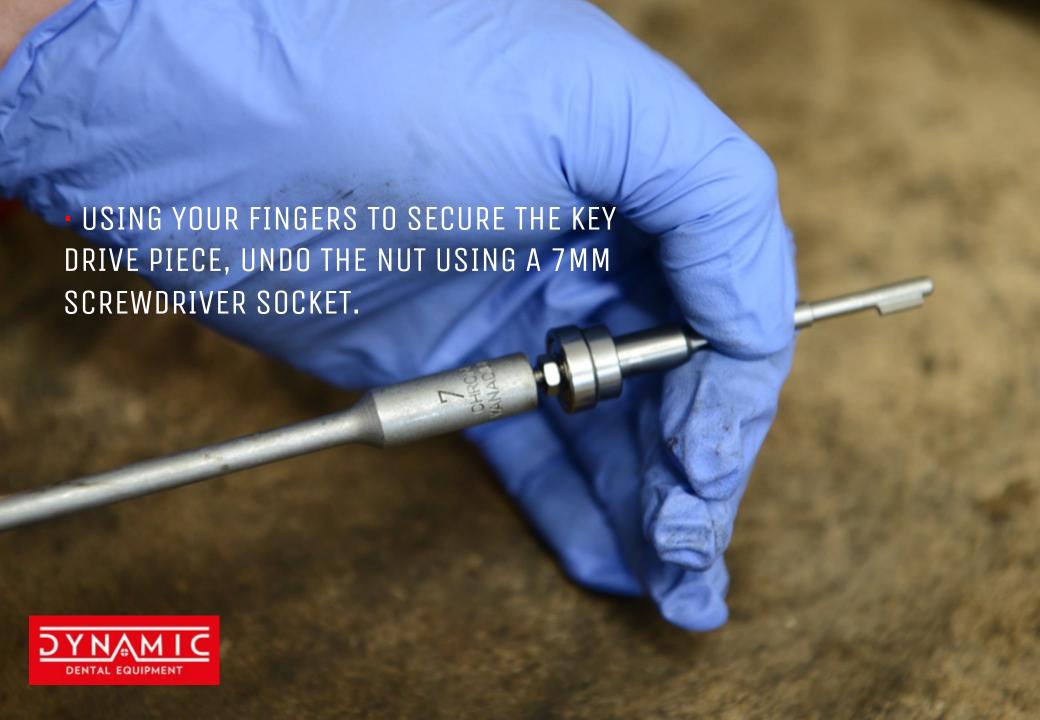




• USING TWO ADJUSTIBLE SPANNERS, DISMANTLE THE CABLE HEAD AS SHOWN IN PICTURE









A: NUT

B:RACE BEARING 1

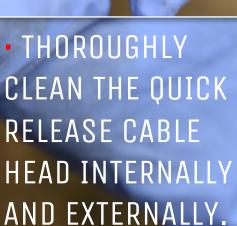
C: RACE BEARING 2

D: MALE KEY DRIVE











INSERT THE KEY DRIVE
INTERNAL QUICK
RELEASE HEAD
ASSEMBLY AS SHOWN
IN PICTURE ABOVE









• IF THE BLACK COLLAR HAS

FALLEN OFF THE DRIVE CABLE,

DO NOT FORGET TO PLACE IT

BACK ON BEFORE REASSEMBLING

THE COMPONENTS.



INSERT THE GREASED TRANSMISSION CABLE BACK INTO THE DRIVE CABLE OUTER SHEATH UNTIL BEARING IS FLUSH WITH THE BASE.



