

YOU WILL NEED:

AVAILABLE FROM YOUR DYNAMIC DISTRIBUTOR:

- FOREDOM CABLE GREASE
- LOCTITE 243
- TRANSMISSION CABLE BEARING (IF REQUIRED)
- CABLE HEAD BEARING SET
- DYNAMIC TRANSMISSION CABLE 120CM (IF BROKEN AND THEN WILL NOT NEED THE TRANSMISSION CABLE BEARING)

YOU WILL ALSO NEED

- VICE
- HEAT GUN
- TWO ADJUSTIBLE SPANNERS
- SMALL PAIR OF MOLE GRIPS
- 7MM SCREWDRIVER SOCKET



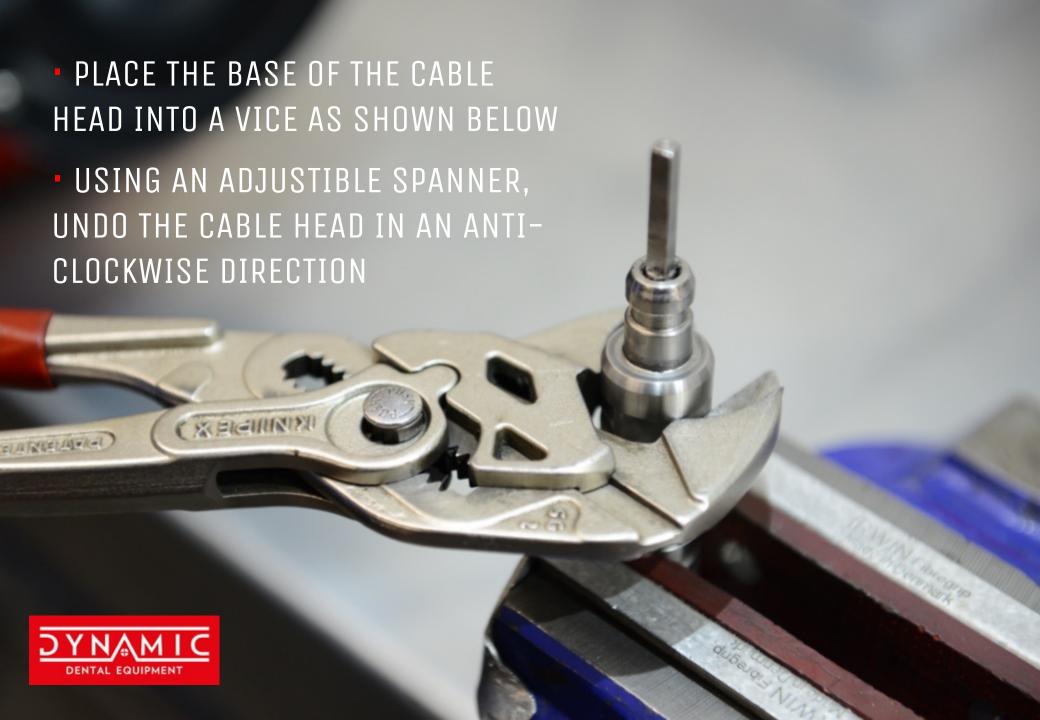


-HOLD THE SQUARE DRIVE PORTION STILL AND THEN WITH THE ADJUSTIBLE SPANNER, UNDO THE MALE FLAT PIECE IN AN ANTI-**CLOCKWISE DIRECTION** AS SHOWN IN THE PICTURE.









ONCE THE CABLE HEAD IS UNDONE, STRETCH THE CABLE HEAD SO THE INNER CABLE IS EXPOSED. THEN ATTACH THE SMALL MOLE GRIPS TO THE INNER CABLE WHICH IS EXPOSED.





• HOLD THE SQUARE DRIVE END AND TWIST THE MOLE GRIPS IN AN ANTI-CLOCKWISE UNTIL CABLE HEAD IS DETATCHED





• GENTLY HEAT USING THE HEAT GUN, THE AREA HIGHLIGHTED IN THE PICTURE

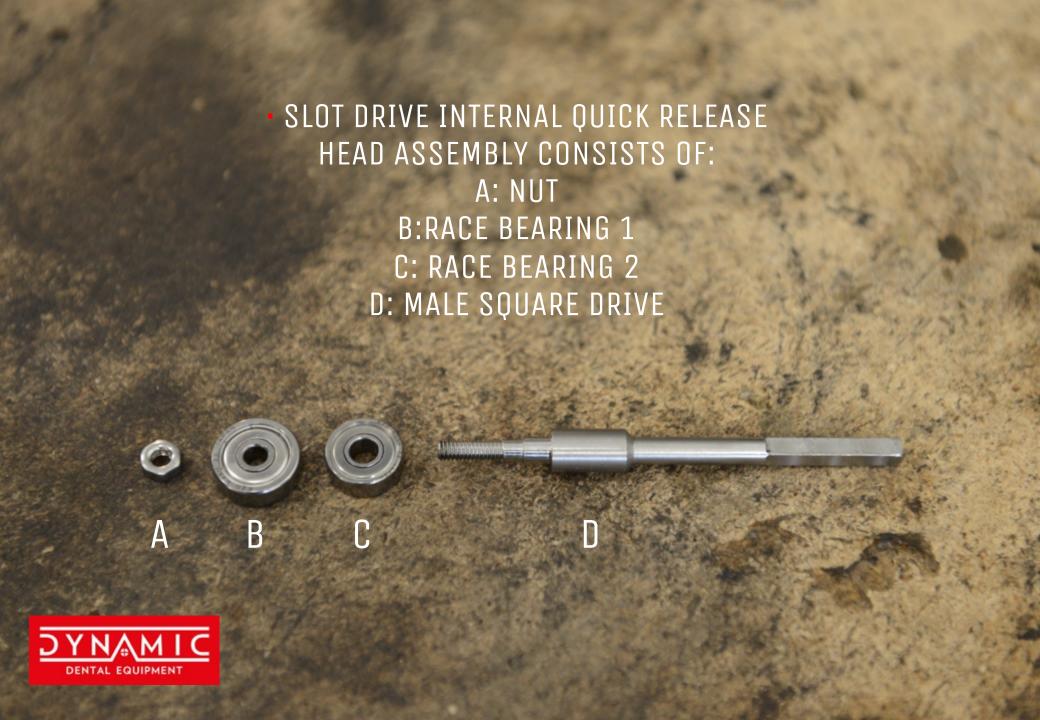


- USING TWO ADJUSTIBLE SPANNERS, DISMANTLE THE CABLE HEAD AS SHOWN IN PICTURE















• INSERT THE SQUARE DRIVE INTERNAL QUICK RELEASE HEAD ASSEMBLY AS SHOWN IN PICTURE ABOVE



PLACE 243 LOCTITE ONTO THE THREAD OF THE TOP OF THE QUICK RELEASE HEAD





• IF THE BLACK COLLAR HAS FALLEN
OFF THE DRIVE CABLE, DO NOT
FORGET TO PLACE IT BACK ON BEFORE
REASSEMBLING THE COMPONENTS.



INSERT THE GREASED
TRANSMISSION CABLE BACK INTO
THE DRIVE CABLE OUTER SHEATH
UNTIL BEARING IS FLUSH WITH
THE BASE.









